Detection, Evaluation, and Optimization of Optical Signals Generated by Fiber Optic Bragg Gratings Under Dynamic Excitations

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Summary

The dynamic response of a fiber optic Bragg grating to mechanical vibrations is examined both theoretically and experimentally. The theoretical expressions describing the consequences of changes in the grating’s reflection spectrum are derived for partially coherent beams in an interferometer. The analysis is given in terms of the dominant wavelength, optical bandwidth, and optical path difference of the interfering signals. Changes in the reflection spectrum caused by a periodic stretching and compression of the grating were experimentally measured using an unbalanced Michelson interferometer, a Michelson interferometer with a non-zero optical path difference. The interferometer’s sensitivity to changes in dominant wavelength of the interfering beams was measured as a function of interferometer unbalance and was compared to theoretical predictions. The theoretical analysis enables the user to determine the optimum performance for an unbalanced interferometer.

Introduction

Fiber optic Bragg gratings (FOBG) have become a useful tool for sensing applications. They have been successfully used in the validation of the structural integrity of bridges and aircraft components, temperature and pressure measurements in various applications, and detection of leaks. In addition to their use in static and quasi-static situations, dynamic changes in various system parameters have been measured using an FOBG. In each of these applications, changes in a parameter of the system under observation such as strain or temperature causes a corresponding change in the wavelength of light reflected by the grating. A suitable detector detects the changes in the wavelength and generates corresponding signals that are further analyzed by signal processing electronics.

This paper provides a theoretical foundation for analysis of optical signals reflected by FOBG’s under dynamic excitation. In particular, the performance of an unbalanced interferometer used as a spectrometer is analyzed, and the optical path difference producing maximal sensitivity to changes in the wavelength reflected by an FOBG is derived. An unequal optical pathlength interferometer was chosen because of its high sensitivity as well as its compact size and low weight. These features make unbalanced interferometers especially attractive for in-flight health monitoring of aerospace vehicles and their components.

The paper also provides a detail derivation of equations used to optimized the design of an unbalanced interferometer for the analysis of spectrally encoded signals. The equations are derived assuming the signals have a Gaussian power spectral density, and are consistent with a previously
reported analysis (Ref. 13). An experiment was devised to verify the theoretical dependence of the optical pathlength difference on the detected intensity. A preliminary version of this experiment has been reported elsewhere.\textsuperscript{14} The experimental data are compared to the predicted results and possible causes of the small discrepancy between the two are discussed.

**Interference of Two Optical Beams in an Interferometer**

The light intensity produced by the interference of two electromagnetic beams depends on the intensities of the beams and their optical path difference, as well as on the dominant wavelength and bandwidth of each of the beams. Consider a beam entering an interferometer and having a dominant wavelength $\lambda_0$ and full-width-at-half-maximum optical bandwidth $\Delta \lambda$. After being equally divided by a beam splitter, the two component beams, each of intensity $I_0$, traverse two different paths, of length $l_1$ and $l_2$, before being recombined at the detector. The optical path difference (unbalance) of the interferometer is $n\Delta l = n(l_1-l_2)$. The beams exiting the interferometer interfere at a detector with the intensity

$$I = 2I_0 \left[ 1 + \cos \left( \frac{2\pi}{\lambda_0} n\Delta l \right) \gamma(n\Delta l) \right], \quad (1)$$

where $\gamma(n\Delta l)$ is the fringe visibility or fringe contrast reduction factor due to the spread in wavelength of each of the beams. We assume the spectral power density $I(\nu)$ of each beam is Gaussian\textsuperscript{14} and write the expression for $I(\nu)$ using conventional notations\textsuperscript{15}

$$I(\nu) = \frac{2\sqrt{\ln 2}}{\sqrt{\pi} \Delta \nu} \exp \left[ - \left( \frac{\nu - \nu_0}{\frac{\Delta \lambda}{\lambda_0}} \right)^2 \right], \quad (2)$$

where $\nu_0 = c/\lambda_0$, $c$ is the speed of light, and

$$\Delta \nu = \frac{c \Delta \lambda}{\lambda_0^2}. \quad (3)$$

The fringe visibility factor is the modulus of the complex degree of coherence, i.e., the Fourier transformation of the spectral power density function,\textsuperscript{15}

$$\gamma(\tau) = \left| \mathfrak{F} [I(\nu)] \right| = \left| \int_0^\infty I(\nu) \exp(-j2\pi \nu \tau) d\nu \right| = \exp \left[ - \left( \frac{\pi \Delta \nu \tau}{2\sqrt{\ln 2}} \right)^2 \right]. \quad (4)$$

Using eq. (3) in eq. (4) we obtain

$$\gamma(\tau) = \exp \left[ - \left( \frac{\pi}{\frac{2\sqrt{\ln 2}}{\lambda_0^2}} \cdot \frac{\Delta \lambda}{c \tau} \right)^2 \right], \quad (5)$$
and substituting $c\tau = n\Delta l$, the fringe visibility factor can be converted from the time domain to the spatial domain,

$$
\gamma(n\Delta l) = \exp \left[ -\left( \frac{2\pi}{\Delta\lambda} \frac{\Delta l}{2\ln 2} \right)^2 \right].
$$

(6)

The intensity of the interference pattern at the detector then becomes

$$
I = 2I_0 \left[ 1 + \cos \left( \frac{2\pi}{\lambda_0} n\Delta l \right) \exp \left[ -\left( \frac{2\pi}{\Delta\lambda} \frac{\Delta l}{2\ln 2} \right)^2 \right] \right].
$$

(7)

Figures 1 and 2 show $I/I_0$ as a function of the optical path difference for the ranges from $0$ mm to $5$ mm and $2.10$ mm to $2.15$ mm, respectively for $\lambda_0 = 1300$ nm and $\Delta\lambda = 0.3$ nm. These values are typical of the reflection spectrum of a generic optical communication wavelength FOG. Note that Fig. 1 contains oscillations that are too fast to resolve. Those oscillations of a cosine nature are clearly seen in Fig. 2.

As the parameters of the interfering beams change, the intensity of eq. (7) recorded by the detector changes as

$$
dI = \frac{\partial I}{\partial(n\Delta l)} \cdot d(n\Delta l) + \frac{\partial I}{\partial\lambda_0} \cdot d\lambda_0 + \frac{\partial I}{\partial\Delta\lambda} \cdot d\Delta\lambda.
$$

(8)

If the optical path difference of the interferometer and the optical bandwidth of the beams remain constant while the dominant wavelength changes, the coefficient

$$
\frac{\partial I}{\partial\lambda_0} = 4\pi I_0 \frac{n\Delta l}{\lambda_0^2} \left[ \sin \left( \frac{2\pi}{\lambda_0} n\Delta l \right) + \frac{2\pi}{\lambda_0} n\Delta l \left( \frac{1}{2\ln 2} \frac{\Delta\lambda}{\lambda_0} \right)^2 \cos \left( \frac{2\pi}{\lambda_0} n\Delta l \right) \right] \exp \left[ -\left( \frac{2\pi}{\lambda_0^2} \frac{\Delta l}{2\ln 2} \right)^2 \right]
$$

(9)

gives the sensitivity of the intensity recorded by the detector to changes in dominant wavelength of the beams. The first term in square brackets in eq. (9) is the derivative of the rapid oscillations in Fig. 2 and the second term is the derivative of the much more slowly varying overall modulation in Fig. 1. Figures 3 and 4 show the wavelength sensitivity function $S_{\lambda_0} \equiv \partial(I/I_0)/\partial\lambda_0$ as a function of the optical path difference $n\Delta l$ for the values of $\lambda_0$ and $\Delta\lambda$ used in Figs. 1 and 2. Since the second term in square brackets in eq. (9) is much smaller than the first term, the wavelength sensitivity function may be approximated by

$$
S_{\lambda_0}(n\Delta l) = \frac{4\pi}{\lambda_0} \sin \left( \frac{2\pi}{\lambda_0} n\Delta l \right) \frac{n\Delta l}{\lambda_0} \exp \left[ -\left( \frac{2\pi}{2\ln 2} \frac{\Delta\lambda}{\lambda_0^2} \right)^2 \right].
$$

(10)
If we had assumed instead that the optical path difference and dominant wavelength remained constant while the optical bandwidth varied, a similar expression for the bandwidth sensitivity function

\[ S_{\Delta \lambda} = \frac{\partial (I / I_0)}{\partial \Delta \lambda} \]

could be derived. The sensitivity function \( S_{\lambda_0} \) in eq. (10) possesses both rapid oscillatory dependence on \( n\Delta l \) and slower linear and exponential dependence. In order to more easily compare with the experimental results of Sec. 3, we consider the envelope of the sensitivity function, which we call the envelope sensitivity function,

\[
E_{\lambda_0}(n\Delta l) = 4\pi \cdot \frac{n\Delta l}{\lambda_0^2} \cdot \exp \left[ -\left( \frac{\pi \cdot \Delta \lambda}{2\sqrt{\ln 2} \cdot \lambda_0^2} n\Delta l \right)^2 \right].
\]

(11)

The function \( E_{\lambda_0} \) is graphed as a function of \( n\Delta l \) in Fig. 5 for \( \lambda_0 = 1300 \) nm and \( \Delta \lambda = 0.3 \) nm. It is clear from Fig. 5 that in order to be sensitive to dynamic changes in the dominant wavelength of the signal entering the interferometer, the interferometer must have a nonzero unbalance or optical path difference.

Setting the derivative of \( E_{\lambda_0}(n\Delta l) \) with respect to the optical path difference to zero, the path difference

\[
n\Delta l_{\text{max}} = \frac{\sqrt{2\ln 2} \cdot \lambda_0^2}{\pi \cdot \Delta \lambda}
\]

(12)

produces the maximum sensitivity of a given interferometer to changes in the dominant wavelength of the component beams. For example, for \( \lambda_0 \) and \( \Delta \lambda \) as in Figs. 1 to 4, we obtain \( n\Delta l_{\text{max}} = 2.111 \) mm. The dependence of \( E_{\lambda_0}(n\Delta l) \) and \( n\Delta l_{\text{max}} \) on the optical bandwidth is shown in Fig. 6 for \( \lambda_0 = 1300 \) nm. The figure has plots of three curves that describe \( E_{\lambda_0}(n\Delta l) \) and locations of its maximum that correspond to \( n\Delta l_{\text{max}} \) for three different values of \( \Delta \lambda \). It could be also observed from eq. (12) that for a given wavelength \( \lambda_0 \) a decrease in the optical bandwidth \( \Delta \lambda \) leads to an increase in the value of \( n\Delta l_{\text{max}} \). Because the bandwidth of optical signal is related to its temporal coherence, highly coherent optical signals would require the interferometer, in order for \( E_{\lambda_0}(n\Delta l) \) to reach its maximum, to have a very large unbalance \( n\Delta l_{\text{max}} \). Practical considerations, in this case, should be used for the design of an appropriate interferometer.

Since \( E_{\lambda_0}(n\Delta l) \) in Figs. 5 and 6 is slowly varying near \( n\Delta l_{\text{max}} \), it is not necessary to operate the interferometer at exactly this unbalance in order to achieve good sensitivity. Rather, one can operate the interferometer within a relatively wide range of unbalance about \( n\Delta l_{\text{max}} \) and still obtain near-maximal sensitivity. This range of unbalance depends on the amount of deviation from the maximum sensitivity

\[
E_{\text{max}} = 4 \sqrt{\frac{2\ln 2}{e}} \cdot \frac{1}{\Delta \lambda}
\]

(13)

that can be tolerated. We define the fractional deviation of \( E_{\lambda_0}(n\Delta l) \) from \( E_{\text{max}} \) as
To determine the range of unbalance for a given $F$ we rewrite eq. (11), for simplicity, as:

$$E_{\lambda_0}(x) = x \cdot \exp(-a^2x^2).$$  

(15)

where $x = 4\pi \cdot \frac{n\Delta l}{\lambda_0^2}$ and $a = \frac{1}{8\sqrt{\ln 2}} \cdot \Delta \lambda$.

The Taylor series expansion of eq. (15) about $x_0 = \frac{1}{a\sqrt{2}}$ yields

$$E(x) = E(x_0) + (x-x_0) \left. \frac{dE}{dx} \right|_{x_0} + \frac{(x-x_0)^2}{2} \left. \frac{d^2E}{dx^2} \right|_{x_0} + \ldots,$$

(16)

where $x_0$ is the value of $x$ at which the curve $E_{\lambda_0}(n\Delta l)$ reaches its maximum $E_{\text{max}} = \frac{1}{a\sqrt{2}e}$.

The resultant Taylor series in eq. (16) is approximated by retaining the first two nonzero terms, and after some algebraic simplifications we arrive at

$$E(x) = \frac{1}{a\sqrt{2}e} \left[ 1 - 2 \left( x - \frac{1}{a\sqrt{2}} \right)^2 \right].$$

(17)

Thus, for $x$ in the vicinity of $x_0$, the shape of the curve that describes $E_{\lambda_0}(x)$ in Figs. 5 and 6 resembles a parabola. Substituting eq. (17) into eq. (14) and rearranging the terms, we obtain

$$F = \frac{E(x_0) - E(x)}{E(x_0)} = 2a^2 \left( x - \frac{1}{a\sqrt{2}} \right)^2 = \frac{(x-x_0)^2}{x_0^2}.$$  

Replacing $x$ and $x_0$ by the original argument $n\Delta l$ and $n\Delta l_{\text{max}}$, respectively, we yield

$$|n\Delta l - n\Delta l_{\text{max}}| \leq \sqrt{F} n\Delta l_{\text{max}}$$

(18)

for the range of allowable unbalances about $n\Delta l_{\text{max}}$. If for example a sensitivity of the interferometer to within 1% of maximum is desired, an unbalance to within ±10% of the optimal value is acceptable.
Experiment

The apparatus of Fig. 7 was used to measure the sensitivity envelope $E_{\lambda_0}(n\Delta l)$ of an unbalanced Michelson interferometer. A narrow portion of the ~30 nm wide spectrum emitted by a superluminescent diode with the central wavelength of 1300 nm was reflected by a commercially available telecommunications-grade FOBG and entered the interferometer consisting of a cube beam-splitter and two mirrors, one of which was mounted on a translation stage. At the beginning of the experiment, the mirrors were positioned at slightly different distances from the respective nearest faces of the beam splitter. The FOBG was affixed to a lead zirconate titanate piezoelectric element (PZT) and a 1 KHz periodic voltage applied to the PZT generated vibrations that stretched and compressed the grating. The dominant wavelength reflected by the FOBG changed as a function of time in response to the periodic stretching and compression. The resulting time dependent light intensity exiting the interferometer was recorded by a PIN diode and was sent to an electronic spectrum analyzer where the amplitude of the PIN diode current at the PZT driving frequency was recorded.

The amplitude of the detected signal at the PZT frequency was measured for a number of different values of interferometer unbalance. Changes in the optical path difference were produced by moving the mirror mounted on the translation stage. Each movement consisted of two steps. First, the mirror was moved approximately 250 $\mu$m from its previous position. Next, the mirror was moved about this new position several times with an increment of about 0.1 $\mu$m in order determine the maximum amplitude of the PIN diode current at the PZT driving frequency. This maximum occurs at the quadrature point of the interferometer, and is proportional to $E_{\lambda_0}(n\Delta l)$. The measured wavelength sensitivity function is shown in Fig. 8. It is in good qualitative agreement with Fig. 5. Two similarly-shaped maximum sensitivity humps in Fig. 8 separated by a point of zero sensitivity are due to the fact that, in the process of changing the optical path difference $(n\Delta l)$, the movable mirror translated through a point corresponding to a zero optical path difference. This point is denoted in Fig. 8 as $Z_0$. An obvious difference between Fig. 5 and the data of Fig. 8, however, is that although Fig. 5 predicts a linear variation of the sensitivity function near the zero path difference point, the variation in Fig. 8 appears to be roughly quadratic. In addition, the experimental data is more rapidly varying in the vicinity of the relative maximum than is the theoretical prediction. In particular, an optical path length 10% greater or less than the optimal values in Fig. 8 produces a sensitivity from 7% to 8% less than maximum, whereas the decrease in the theoretical sensitivity curve of eq. (11) is only 1%.

To analyze the data of Fig. 8, we assumed the spectrum reflected by the Bragg grating was Gaussian and the optical bandwidth of the reflected spectrum was independent of the dominant wavelength. This last assumption has been found to be accurate for static measurements, and we presume it is also the case for dynamic excitations of 1 KHz. The dominant wavelength of the reflected spectrum of the unstretched grating was determined using an optical spectrum analyzer to be $\lambda_0 = 1310.2$ nm ± 0.1 nm, and agreed with the value $\lambda_0 = 1310.17$ nm ± 0.005 nm measured at the time of fabrication by the grating manufacturer. The optical bandwidth measured by the manufacturer at that time was $\Delta\lambda = 0.192$ nm ± 0.002 nm. The value of $n\Delta l_{\text{max}}$ corresponding to this optical bandwidth via eq. (12) is 3.351 mm.

In Fig. 8, the distances between the zero sensitivity point $Z_0$ and points of maximum sensitivity to the left and to the right of that point are about 1950 $\mu$m ± 25 $\mu$m and 2100 $\mu$m ± 25 $\mu$m, respectively. Because of the double pass optical configuration of the Michelson interferometer, these distances are equal to half the optical path difference required to achieve maximum sensitivity of the interferometer to changes in dominant wavelength. Thus, the corresponding values of the optimal path difference $n\Delta l_{\text{max}}$ are about 3.9 mm ± 0.05 mm and 4.2 mm ± 0.05 mm and the corresponding values of optical bandwidth via eq. (12) are $\Delta\lambda = 0.165$ nm ± 0.002 nm and 0.153 nm ± 0.002 nm, respectively. The average of these
two values of the optical bandwidth is 17\% below that quoted by the manufacturer. A least-squares fit of the results of Fig. 8 to the functional form of eq. (11) was not attempted.

**Discussion**

The good qualitative agreement between the theoretical sensitivity function and the experimental data underscores the correctness of our approach. The relatively small difference between our value of the optical bandwidth obtained experimentally, along with our theoretical prediction of the maximum sensitivity (eq. (12)), and the value provided by the manufacturer illustrates the basic validity of our theory. There are, however, a number of possible sources of error that could have contributed to the 17\% difference. In particular, the interferometer was not locked at the quadrature position. As a result, slow thermal drifts of the optical path difference or building vibrations could have introduced errors into the measurements. A solution to this would be construction of an unbalanced interferometer on a chip with integrated compensation. Also, in addition to assuming the reflection spectrum of the FOBG was Gaussian and the optical bandwidth was independent of dominant wavelength for dynamic excitations, we also ignored the variation in the \sim 30 \text{ nm} wide superluminescent diode spectrum over the \sim 0.2 \text{ nm} wide bandwidth of the FOBG reflection spectrum. This effect, however, is expected to be small.

The slowness of variation of the theoretical sensitivity curve in the vicinity of the relative maximum works to one's advantage when designing an FOBG sensor system. The value of optimum optical difference \( n \Delta l_{\text{max}} \) obtained experimentally (Fig. 8) varies roughly from 16\% to 25\% of the unbalance \( n \Delta l_{\text{max}} = 3.351 \text{ mm} \), the value predicted by eq. (12) using the FOBG manufacturer’s optical bandwidth measurement. As a result, one can use eq. (12) as a reasonable estimate for setting the interferometer unbalance since small deviations of the actual optimal unbalance point from the prediction of eq. (12) produce correspondingly small decreases in the sensitivity of the interferometer to changes in the dominant wavelength of the input signal.

**References**


Figure 1.—Intensity of two interfering optical beams of dominant wavelength $\lambda_0 = 1300$ nm and FWHM optical bandwidth $\Delta \lambda = 0.3$ nm as a function of optical path difference.
Figure 2.—Fine structure of Figure 1 for $n\Delta l$ between 2.10 mm and 2.15 mm.

Figure 3.—Interferometer sensitivity to changes in dominant wavelength as a function of optical path difference for $\lambda_0 = 1300$ nm and $\Delta \lambda = 0.3$ nm.
Figure 4.—Fine structure of the wavelength sensitivity function of Figure 3 for \( n\Delta l \) between 2.10 mm and 2.15 mm.

Figure 5.—Wavelength sensitivity envelope \( E_{\lambda_0} \) as a function of the optical path difference for \( \lambda_0 = 1300 \text{ nm} \) and \( \Delta \lambda = 0.3 \text{ nm} \).
Figure 6.—Wavelength sensitivity envelope $E_{\lambda_0}$ as a function of the optical path difference for $\lambda_0 = 1300$ nm and $\Delta \lambda = 0.25$, 0.30, and 0.35 nm.

Figure 7.—Experimental apparatus for measuring the wavelength sensitivity envelope function.
Figure 8.—Measured power at the PZT driving frequency as a function of the micrometer readout of the movable arm of the interferometer.
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**Abstract (Maximum 200 words):**

The dynamic response of a fiber optic Bragg grating to mechanical vibrations is examined both theoretically and experimentally. The theoretical expressions describing the consequences of changes in the grating’s reflection spectrum are derived for partially coherent beams in an interferometer. The analysis is given in terms of the dominant wavelength, optical bandwidth, and optical path difference of the interfering signals. Changes in the reflection spectrum caused by a periodic stretching and compression of the grating were experimentally measured using an unbalanced Michelson interferometer, a Michelson interferometer with a non-zero optical path difference. The interferometer’s sensitivity to changes in dominant wavelength of the interfering beams was measured as a function of interferometer unbalance and was compared to theoretical predictions. The theoretical analysis enables the user to determine the optimum performance for an unbalanced interferometer.

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