

YES!

YOUNG.
EMPOWERED.
SUCCESSFUL.

The fast track to success

Job Corps student Elaine talks about her exciting new career with Amtrak, Page 6

The Latest Career Trends and Styles, Page 4

Job Corps Females Tell All!

MEET SHALLANA!
ON PAGE 4



ELAINE

landed her dream job with Job Corps' help!

Page 6

JOB CORPS
Career Successes

DAISY

is fulfilling her dream of becoming a nurse.

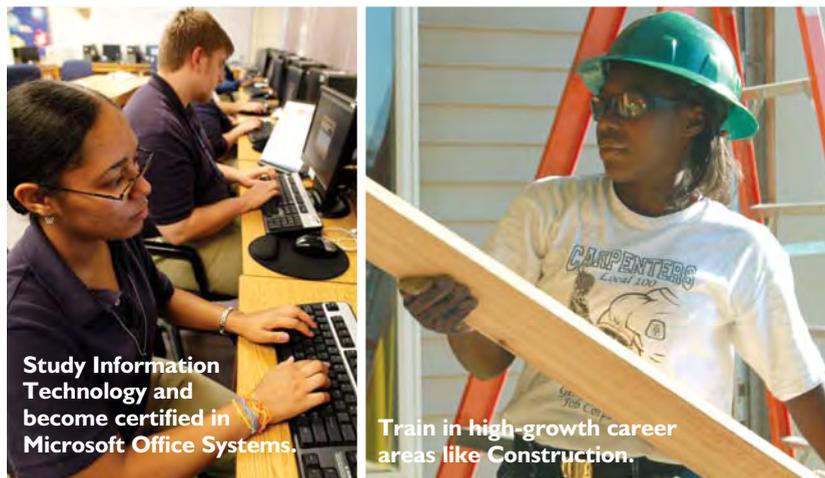
Page 2

So, what is **JOB CORPS?**

A residential career training and education program for low-income young people ages 16 through 24 - at no cost to students!

JOB CORPS:

- Provides **hands-on training** for careers in high-growth industries.
- Provides **work-based learning opportunities** in more than 100 career areas.
- Offers **Advanced Training** in specialized areas to students who have completed a general career training area and are eligible to apply for additional training programs.
- Provides **career transition support** for up to 21 months after graduation to help graduates find a job and adjust to an independent lifestyle.
- Offers students the opportunity to earn a **high school diploma** or **GED**.
- Has **zero tolerance** for violence and drugs.
- An opportunity to train for a successful career and advance your education at one of **125 centers** located across the country.



Study Information Technology and become certified in Microsoft Office Systems.

Train in high-growth career areas like Construction.



Meet lots of new people, and make lifelong friends.

So, where is **JOB CORPS?**



from the desk of the
National Director



DEAR FUTURE **Y.E.S.** WOMEN,

Hi. My name is Edna Primrose, and I am the National Director for Job Corps. As a career woman myself, I am thrilled that you may be interested in joining Job Corps and pursuing a successful career.

I've spent countless hours working directly with students and have seen firsthand how Job Corps has helped young men and women from a variety of backgrounds completely change their lives. I am proud to be a part of this program, and I believe that Job Corps can help you achieve a future beyond your expectations.

It is my hope that, after you read each article in this magazine, you will be as impressed as I am with all Job Corps has to offer and will be ready to begin your new journey today!

Sincerely,
Edna Primrose
Edna Primrose
Job Corps National Director

Y.E.S.

WHAT'S INSIDE

Inside Job Corps



2 A DAY WITH DAISY

We followed Daisy through a day at Job Corps. Check out her story and behind-the-scenes photos!

4 JOB CORPS MAKEOVER

All the latest in campus fashion and which career may "suit" you best.

Careers

5 CAREER AREAS

A list of many career training choices offered at Job Corps.

Success Stories

6 LIFE IN THE FAST LANE

Read about how Job Corps helped a recent graduate achieve her career goals and get a job making more than \$20/hour.

7 IT'S NEVER TOO LATE

A single mom at Job Corps shares how she went from minimum wage to finding herself on a great career path.

Fun Stuff

8 CAREER QUIZ

Take our career quiz and find out which career training area is best for your personality.

8 REAL TALK

Check out these quotes from real Job Corps students.

CONTACT US



(800) 733-JOBS [5627]

www.recruiting.jobcorps.gov

www.mifuturo.jobcorps.gov (español)

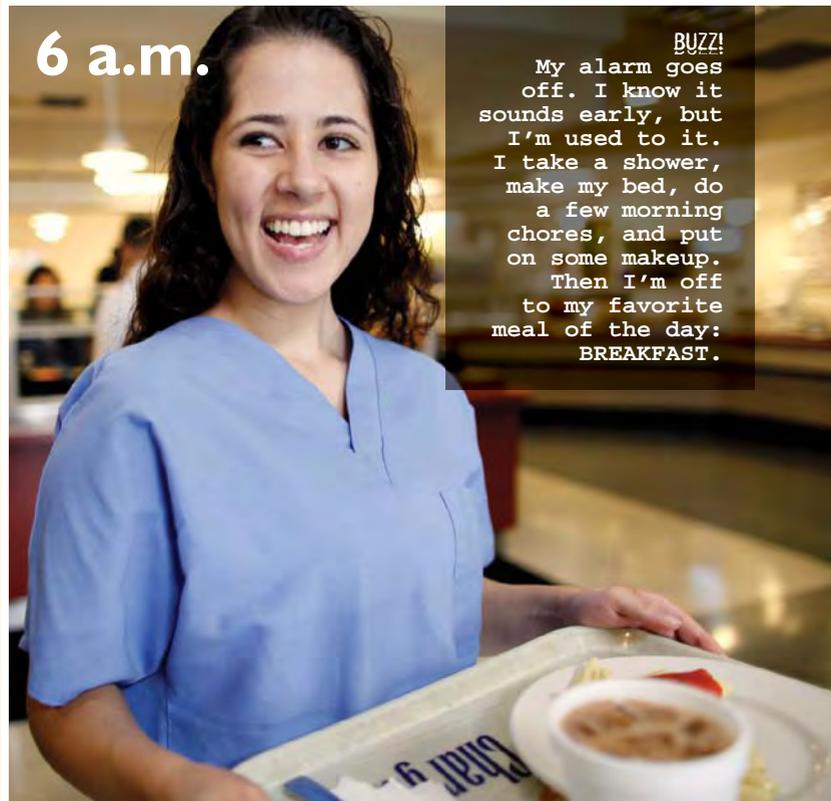


Administered by the U.S. Department of Labor, Job Corps is the nation's largest career technical training and education program for low-income students ages 16 through 24. Job Corps is a U.S. Department of Labor Equal Opportunity Employer Program. Auxiliary aids and services are available upon request to individuals with disabilities. TDD/TTY telephone number is (877) 889-5627.

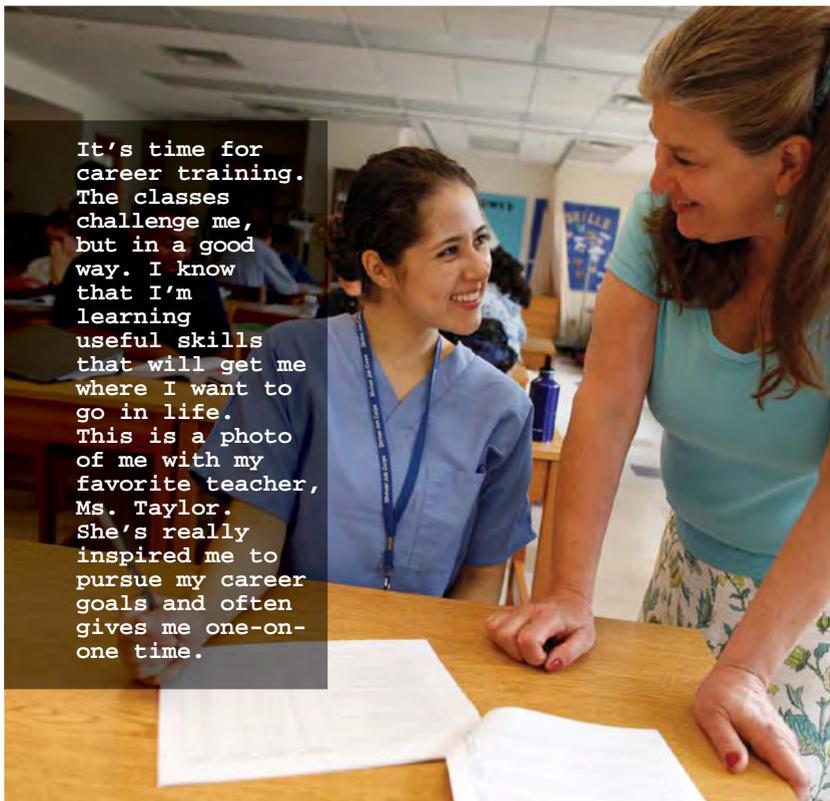
Hi! My name's Daisy.

By now, if you're anything like me, you probably have A LOT of questions about Job Corps. It's one thing to read and learn about Job Corps, but it's another to actually LIVE it. To help you out, I kept a journal of one of many great days spent at the Shriver Job Corps Center, in Devens, Massachusetts. You'll get the total scoop – from the second my alarm buzzes in the morning, to when my head hits the pillow at night!

6 a.m.

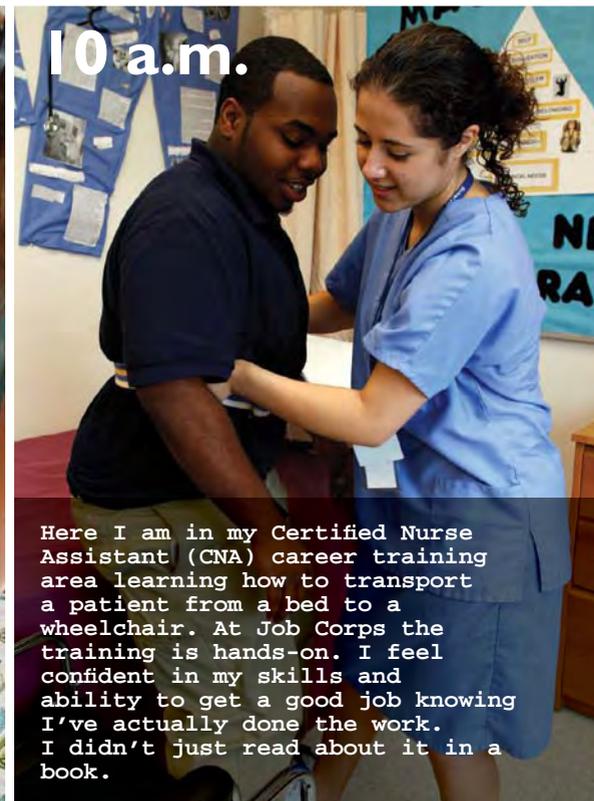


BUZZ!
My alarm goes off. I know it sounds early, but I'm used to it. I take a shower, make my bed, do a few morning chores, and put on some makeup. Then I'm off to my favorite meal of the day: **BREAKFAST.**



It's time for career training. The classes challenge me, but in a good way. I know that I'm learning useful skills that will get me where I want to go in life. This is a photo of me with my favorite teacher, Ms. Taylor. She's really inspired me to pursue my career goals and often gives me one-on-one time.

10 a.m.



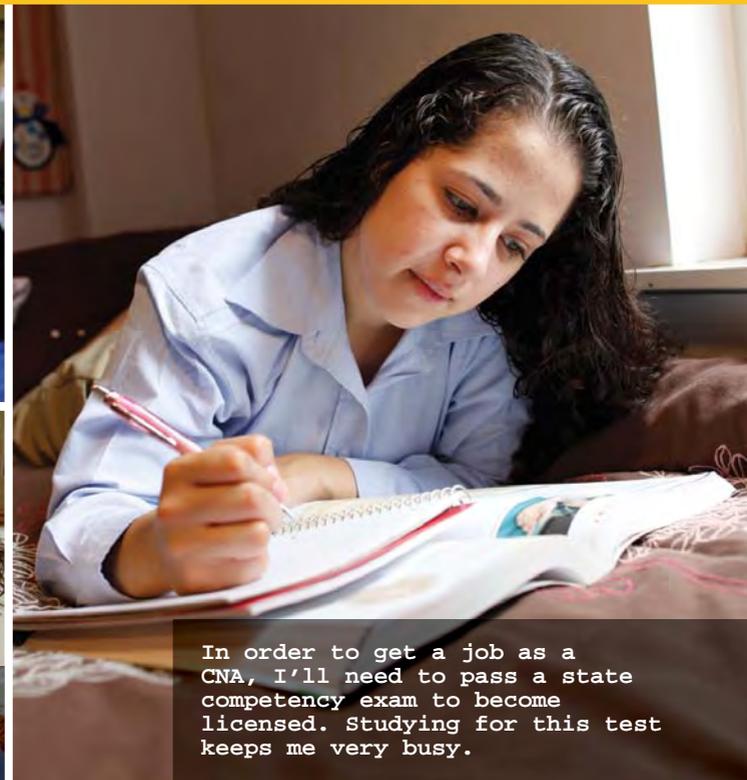
Here I am in my Certified Nurse Assistant (CNA) career training area learning how to transport a patient from a bed to a wheelchair. At Job Corps the training is hands-on. I feel confident in my skills and ability to get a good job knowing I've actually done the work. I didn't just read about it in a book.

A DAY IN THE LIFE OF "DAISY"

11:30 a.m.

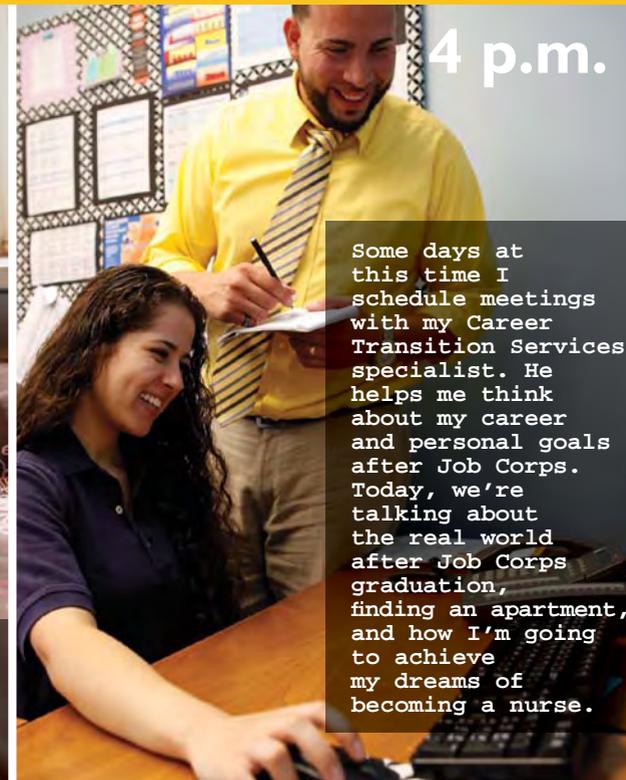


At lunch, I sit down with my friends. I love laughing and talking with them about everything that's going on around campus.



In order to get a job as a CNA, I'll need to pass a state competency exam to become licensed. Studying for this test keeps me very busy.

4 p.m.



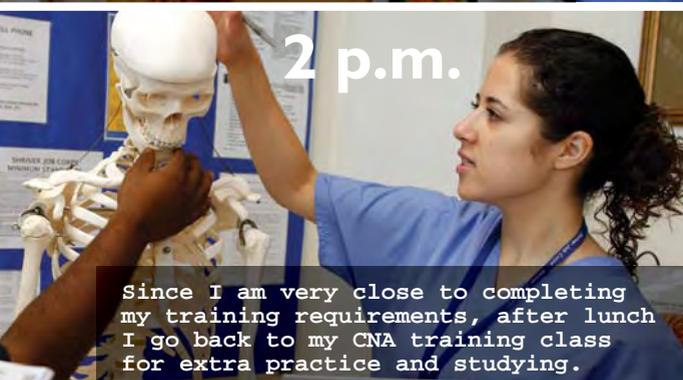
Some days at this time I schedule meetings with my Career Transition Services specialist. He helps me think about my career and personal goals after Job Corps. Today, we're talking about the real world after Job Corps graduation, finding an apartment, and how I'm going to achieve my dreams of becoming a nurse.

5 p.m.



I plan to hang out with my friends Shallana, Alfonso, and Joshua in the dorm. Then I'll work out at the fitness center before heading to dinner.

2 p.m.



Since I am very close to completing my training requirements, after lunch I go back to my CNA training class for extra practice and studying.



When 10 p.m. rolls around, I am READY to hit the sack. I usually read a book for a while before I go to sleep. Every day is jam-packed, and a girl has got to get her beauty sleep. Goodnight!

Job Corps MAKEOVER

Which look works for you? What's IN at Job Corps?

Pair your career training uniform with your positive, "Y.E.S." attitude, and you will be ready for a day at Job Corps. Y.E.S. magazine stopped to chat with five female students at Job Corps about what they wear in class. Study each photo closely to see if you can figure out what's missing.

IVELIS



Ready in 3 ... 2 ... 1

IVELIS, an Office Administration student, can relax in her center uniform while attending academic and career training classes, or in her clothes from home when she is studying or hanging out with friends. "It took me a few days to get used to the uniform, but now I like it," said Ivelis. "I don't have to worry about what I'm going to wear in the mornings, and I can be ready to go in less than 5 minutes."

SHALLANA



Can I borrow your (paint) brush?

SHALLANA can tell you about selecting the right color and tint ... but not for your hair. As a painting student, Shallana has learned about various types of paint and climbed a ladder or two during her time on center. "I chose Painting for my future career because it allows me to be both creative and active on a daily basis," said Shallana. "I've also enjoyed learning about the types of paint products that are better for the environment. I know that extra knowledge will be impressive to possible employers."

GEORDYN



No-heel zone

Females enrolling in Job Corps are not letting the more physical training areas like Construction, Manufacturing, and Security intimidate them. Young women like Security student **GEORDYN** are training alongside males in these career fields at Job Corps every day. Geordyn is glad that boots are the footwear of choice for her trade. "I just couldn't see myself wearing heels all day," said Geordyn.

CHERI



Oil or water?

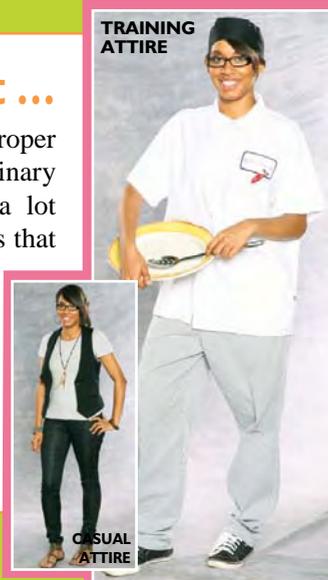
It's true – oil and water don't mix. But, both are important for a car, and Automobile Technician student **CHERI** can tell you all about it. When she entered Job Corps, she had no idea she'd learn to change oil or be able to name the parts of an engine. "I've always been interested in cars, but I didn't think about turning that into an actual career until I came to Job Corps," said Cheri. "Now I'm training on the latest in automotive technology, like hybrid and electric cars, and feel very confident that I will leave Job Corps with a great job lined up."

DID YOU FIGURE OUT WHAT'S MISSING? YOU ARE!

Complete your Job Corps "Y.E.S." look by training for a career and continuing your education. Your career training uniform is free at Job Corps, and we'll help you find a job and work toward credentials in your career area, too. Just keep in mind that uniforms vary by campus and training area.

Not sure which accessories to choose? Hardhat, gloves, hammer, safety goggles – one of these accessories will fit you just right as you move on your path to success. Check with your local Job Corps outreach and admissions specialist to help you determine which career training area is best for you. Take the career quiz on Page 8.

JACQUELINE



Wash, dry, and cut ...

JACQUELINE has learned proper ways to prepare food as a Culinary Arts student. "We're learning a lot about how to cook healthy meals that are rich in flavor but not in fat. I can't wait to apply my skills in a fast-paced restaurant kitchen environment after I finish my training," said Jacqueline. Here she models her stylish chef's coat, pants, and hat.

So you may be thinking to yourself, "Why uniforms?" "I would much rather wear my stylish, casual clothes all day." Well ... though uniforms may not suit your personal style, many careers require employees to wear standardized attire. Job Corps students wear uniforms throughout the day to help with that transition. Think of your uniform as your career success outfit – it will help prepare you for a Y.E.S. lifestyle, and put you on the right path to earning a salary ... so you can buy lots of cute, stylish clothes after graduation.

JOB CORPS TRAINING AREAS

ADVANCED MANUFACTURING
Welding

AUTOMOTIVE AND MACHINE REPAIR
Automobile Technician
Collision Repair and Refinish

CONSTRUCTION
Bricklaying
Carpentry
Cement Masonry
Electrical
Facilities Maintenance
Heating, Ventilation, and Air Conditioning
Painting
Plumbing

FINANCE AND BUSINESS
Accounting Services
Office Administration

HEALTH CARE
Clinical Medical Assistant
Licensed Practical/Vocational Nurse
Medical Office Support
Nurse Assistant/Home Health Aide
Pharmacy Technician

HOMELAND SECURITY
Security and Protective Services

HOSPITALITY
Culinary Arts
Hotel and Lodging

INFORMATION TECHNOLOGY
Computer Technician
Network Cable Installation

RENEWABLE RESOURCES AND ENERGY
Landscaping
Urban Forestry

RETAIL SALES AND SERVICES
Retail Sales

TRANSPORTATION
Heavy Equipment Operations
Material and Distribution Operations

... and many more!

These career areas offer training in the latest green technology and industry-based practices to prepare graduates for careers in the green economy.



MEET ELAINE

Young, employed, successful Job Corps graduate

BREAKING DOWN BARRIERS

For years, high-growth industries like construction, manufacturing, and automotive repair have been dominated by men. But that's changing fast – especially at Job Corps. “At Job Corps, females can do anything just as well as the guys,” Elaine said.

Elaine, a graduate of the Shriver Job Corps Center, lived by that self-proclaimed motto while she was enrolled in the center's Automobile Technician career training program ... with mostly males.

“My dad thought I should be a nurse. He didn't think I should be working on cars, but the idea of being a nurse just didn't interest me,” said Elaine. “I told him that I'd have a lot of opportunities as a female in the automotive field, and I would be able to change my own oil and do other maintenance that would save me money.”

Though she was one of only a few girls in automobile training, Elaine felt as though she fit right in with her peers. She worked hard and enjoyed learning how to service hybrid vehicles, how to repair brakes and engines, and all the other skills needed to one day work in automotive repair.

LIFE ON CAMPUS

In addition to her training, Elaine also kept herself busy by getting involved in other programs on campus, including the Student Government Association and the center's women's basketball team.

“I played point guard or shooting guard, and had a great time getting to know other students at the center. I really tried to get involved as much as I could.”

“At Job Corps, females can do anything just as well as the guys.”

Because Elaine was such a dedicated student, she was allowed an additional privilege.

“I completed my career training every day at 3 p.m., and then went to a part-time job at a grocery store in town from 5 to 10 p.m.,” Elaine said. “I knew continuing to work would pay off later, and I was glad the center allowed me to do it.”

Elaine's work ethic helped her finish her Automobile Technician training quickly, and she immediately entered an Advanced Training program offered at Shriver Job Corps Center that prepares students for jobs in the transportation industry.

TRANSITION TO A CAREER

Elaine completed her Automobile Technician and Advanced Training in 18 months, and was equipped with the knowledge and skills needed to enter her career field. Now, it was time for her to find a job, and Job Corps helped her begin her job hunt. After looking for jobs in the area, an instructor found a lead at Amtrak in Washington, D.C. – 8 hours away from her hometown.

“Job Corps helped pay for my transportation and hotel costs so that I could go to two interviews in D.C.,” Elaine said. “They also helped me prepare for the interview process, and even though I was nervous, I felt confident that I could get the job. And, I did get it!”

Elaine was hired as a carman – similar to a mechanic – for Amtrak. To assist with her transition, Job Corps helped Elaine search for an apartment and paid for her first month's rent.

Now, Elaine is living in D.C. and is working 40 to 60 hours a week.

“My job is all about safety. I inspect the train cars each day – checking the brakes, the rotors, the wheels – to make sure that everything is safe. I feel as though I use my training from Job Corps every day.”

Age: 21
Hometown: Lawrence, Mass.
Job Corps Center: Shriver (Devens, Mass.)
Career training area: Automobile Technician
Advanced training area: Advanced Clerical Occupations
Career: Carman (mechanic) for Amtrak
Wage: \$20+/hour
“My favorite thing about Job Corps is the people – hands down. The instructors really care about your success, and I stay in contact with several of the friends I made while in the program.”

FROM BUILD-A-BEAR TO BUILDING SUCCESS



Jennifer's Story

At 21 years old, Jennifer, a single mom of two boys, is excited about her future for the first time in months. “Because of Job Corps, I am more focused and I have more direction in life,” said Jennifer. That focus and direction have helped shape Jennifer's ultimate goal of joining the U.S. military.

“I knew I wanted more,” she said. “I wanted to be independent and raise my kids on my own. Job Corps was an opportunity to do that.”

A graduate of the San Diego Job Corps Center, Jennifer earned her GED and successfully completed the Office Administration career training area, where she mastered programs like Microsoft Excel and PowerPoint and learned how to write professional memos.

“I've come a long way from my days as a sales associate at Build-A-Bear,” said Jennifer. “I was working harder than I ever had in my life, yet I still couldn't afford the lifestyle I wanted for myself and my children. I was a high school dropout, and I felt trapped.”



After a friend of her mom's told Jennifer about Job Corps, she took action and enrolled in the program. Jennifer was both ecstatic and relieved to find out about the onsite child care facilities Job Corps offered for her sons, Alexander and Christian, who are 1 and 2 years old, respectively. “Now I have no excuse not to come to the center, and it's really nice having them right here,” she said. “I don't have to worry about them.”

Every day, Jennifer would make the 45-minute commute from her house, where she lived with other family members, to the center. While she studied, Jennifer knew her boys would be well taken care of. “They like playing with the other children,” she said happily.

At Job Corps, Jennifer learned how to communicate more efficiently and effectively and grew confident in her new skills. “I can tell that I've matured a lot since arriving on campus because I have certain goals that I'm working hard to accomplish,” she said.

For Jennifer, the discouraged, single mom struggling to get by on a minimum-wage paycheck is a distant memory. In her place stands the real Jennifer: a Y.E.S. woman who has found success in both her personal and professional lives.

CAREER QUIZ: What Kind of Y.E.S. Woman Are You?

Deciding on the right career path can be difficult. It is essential that you select a career that matches your personality and meets your professional and personal goals. Take the personality quiz below, which is designed to help give you some ideas of what career path may be right for you.

How would you spend your dream vacation in Hawaii?

- A. I would complete every activity on the itinerary I created.
- B. Exploring the tropical forests and surfing.
- C. I would hang out with my friends by the hotel pool.

Usually when you get dressed you are:

- A. Neat and clean. It is important to be professional at all times.
- B. Relaxed and comfortable. I have a laid-back style.
- C. Trendy. I always look to see what other people are wearing.

What do you like to do in your free time?

- A. Read. Write. Draw.
- B. Exercise (run, swim, dance).
- C. Hang out with my friends or volunteer.

Which reality TV show would you most want to be on?

- A. The Apprentice – I could handle working for Donald Trump.
- B. The Amazing Race – I love an adrenaline rush and welcome a challenge at every turn.
- C. Extreme Makeover: Home Edition – I think it's great how many families they help.

Your friends would most likely describe you as:

- A. Organized, dependable, a problem-solver.
- B. Adventurous, sporty, outgoing.
- C. Caring, considerate, easy-going.

REALTALK

“At Job Corps, I always feel safe, even at night. We have security that monitors the entrance to the center 24 hours a day.”

– KENDRA, Pharmacy Technician career training area

“Before I came to Job Corps, I wasn't sure what I was doing with my life. Now I have my high school diploma, a career path, and long-term goals for the future.”

STEPHANIE, Security and Protective Services career training area

“When I first arrived at Job Corps, I had a hard time adjusting to life on center and sharing a room with two other girls. Now I love it. I actually look forward to spending time with my roommates and hanging out in the dorm.”

– IESHA, Culinary Arts career training area

“If I lived another lifetime, it wouldn't be enough to pay back the help that I received by way of Job Corps.”

GEORGE FOREMAN, 1967 Job Corps graduate, Olympic gold medalist, two-time World Heavyweight Boxing champion, and successful entrepreneur

“The health services staff at Job Corps is great and so convenient. Whenever I feel sick, they are there to help.”

– YENIFET, Certified Nurse Assistant career training area

“Job Corps is an amazing place. What they offer young adults there is incredible.”

JIMMY WAYNE, country music star and former foster youth

“I didn't like the direction my future was taking, and I knew I needed a change. Job Corps was a good change for me.”

– JACQUELINE, Culinary Arts career training area

QUIZ RESULTS: What Kind of Y.E.S. Woman Are You?



Mostly A's, you are a Business-Savvy Y.E.S. woman. You are detail-oriented and prefer order and stability in your life. You have creative ideas and tend to be a problem-solver. You might enjoy training in Office Administration, Accounting, or any of Job Corps' Information Technology career training areas, like Computer Operations.



Mostly B's, you are a Take-Action Y.E.S. woman. Sitting in an office all day would make you lose your mind. You are hands-on and crave adventure. You might find career training in areas such as Welding, Carpentry, Automobile Technician, or Security Officer in line with your personality.



Mostly C's, you are a Compassionate Y.E.S. woman. You enjoy being around people. If you have the chance to help a friend, you don't hesitate. You'd be great as a certified nursing assistant or pharmacy technician, or even enjoy a career in the hospitality industry.



The JC Essentials

While many items are provided for you at Job Corps, there are some essentials that no girl can leave home without.

CHECKLIST:

- ✓ Personal photos
- ✓ Clothes
- ✓ Alarm clock
- ✓ Makeup and beauty products
- ✓ Books and magazines
- ✓ A positive attitude



PERSONAL PHOTOS

Everyone needs a small reminder of home, so remember to bring some personal photos of friends and family to decorate your bulletin board. Having these around your room will keep you from getting homesick.



CLOTHES

Your career training uniform will be provided for you, but make sure you pack extra clothes to wear when you're not in class or training. Some Job Corps centers have a dress code, so make sure you ask your admissions counselor about any dress requirements before arriving on center.



ALARM CLOCK

Because Job Corps students are on a strict class schedule, an alarm clock is a must if you want to get a good night's sleep and wake up in time for class.



MAKEUP AND BEAUTY PRODUCTS

Every girl likes to get a little glam on the weekends, so don't forget makeup, a hair brush, shampoo, conditioner, hair spray, mouthwash, etc. You deserve to feel fresh and look sharp after a long week of class!



BOOKS AND MAGAZINES

Pack a few of your favorite books and magazines to read in your spare time. Reading is a great way to unwind in your dorm room after a long day and enjoy some "me" time.



A POSITIVE ATTITUDE

To get the most out of your experience at Job Corps, be sure to bring your positive attitude and strong work ethic with you to the center.

Be prepared to work hard while you're at Job Corps so you can reap the rewards of a successful career when you graduate.

FOR MORE INFORMATION, CONTACT:

Y.E.S.



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