CAPE PERPETUA SCENIC AREA HIKING TRAILS

1. Captain Cook Trail (to tidepools) 0.8 mile round trip from the Visitor Center, past an old Civilian Conservation Corps camp, through wind sculpted vegetation, around Indian shell middens and down to the tidepools. At high tide the Spouting Horn can be observed from Cook’s Chasm.
   Accessibility: moderate to difficult. Start at Cook’s Chasm

2. Cape Cove Trail (to beach) 0.3 mile. After coming through the tunnel from the Visitor Center on the Captain Cook Trail, turn right and go over the bridge into the parking lot--follow the roadside trail north to the Cape Cove Trailhead. This trail will connect you with the Trail of the Restless Waters and Devils Churn.
   Accessibility: moderate to most difficult. Wheelchair accessible to lower overlook

3. Trail of the Restless Waters (to Devil’s Churn) Paved 0.4 mile loop from Devil’s Churn Day Use. A wild place to see the winter surf as it explodes onto the terraces of volcanic rock. Don’t get too close to the edge; each wave hits the rocks differently and you don’t want to get soaked.
   Accessibility: moderate to difficult due to steep grade.

4. Giant Spruce Trail 4.1 miles round trip from the Visitor Center. This trail parallels Cape Creek and goes through a forest that has many of the characteristics of an old-growth forest; lush ferns, nurse logs, and big trees.
   Accessibility: moderate to most difficult. Start at the junction of the Whispering Spruce trail and descends steeply through lush coastal woodland.

5. St. Perpetua Trail (to beach) 0.3 mile. After coming through the tunnel from the Visitor Center on the Captain Cook Trail, turn right and go to the first bridge into the campground, just to the left of the campground bulletin board, and switchback up about 700 feet to the “Best View on the Oregon Coast”.
   Accessibility: moderate to difficult due to steep grade.

6. Whispering Spruce Trail A 2.9 mile loop from the Cape Perpetua Day Use parking lot. Hike there via the St. Perpetua Trail or drive the two mile road to the top. Great ocean views from the West Shelter (built by the Civilian Conservation Corps in the 1930s) and the stone parapet.
   Accessibility: moderate to difficult.

7. Oregon Coast Trail (ocean views) 2.6 miles round trip from the Visitor Center across first bridge into the campground, just to the left of the campground bulletin board, and switchback up about 700 feet to the “Best View on the Oregon Coast”.
   Accessibility: moderate to difficult

8. Cook’s Ridge & Gwynn Creek Loop Trail (old-growth forest) 6 mile loop trail includes four different trails: Discovery Loop, Cook’s Ridge, Gwynn Creek and Oregon Coast Trails. Some ocean views and great old-growth forest experience. Trails begin in the Visitor Center’s uppermost parking lot.
   Accessibility: moderate to difficult

9. Discovery Loop Trail (a forest in transition) 1.4 miles round trip from the Visitor Center’s uppermost parking lot. Learn about what is going on with this section of forest from four interpretive signs.
   Accessibility: moderate

10. Cummins Creek Loop Trail (old-growth forest) 8.5 to 9 mile loop from the Visitor Center with some ocean views, great old-growth and open meadows. Trail may also be accessed from Forest Service Road 1050 or Forest Service Road 55.
   Accessibility: moderate to difficult

11. Amanda’s Trail (to Yachats Ocean Road) 2.9 mile (one way) historic trail begins at the junction of the Whispering Spruce trail and descends steeply through lush coastal woodland.
   Accessibility: moderate to difficult

12. Cummins Ridge Trail (wilderness) 6.2 mile (one way) hike passes through dense Sitka spruce and Douglas-fir stands. Trail receives light use and offers opportunities for solitude and quiet. It can also be accessed from the top via Forest Service road 5594.
   Accessibility: moderate to difficult

CAFE PERPETUA SCENIC AREA

Towering 800 feet over the protected Marine Garden shoreline, the Cape Perpetua Headland is the highest viewpoint accessible by car on the Oregon Coast. On clear days, views extend 37 miles out to sea, and along 70 miles of coastline. Cape Perpetua Scenic Area, encompassing 2,700 acres of coastal habitat, was set aside for unique ecological characteristics found where the temperate spruce rainforest transitions to the sea.

Early explorer Captain James Cook first observed the headland in 1778 and named it after Saint Perpetua. In 1933 President Franklin D. Roosevelt formed the Civilian Conservation Corps (CCC) and Cape Perpetua became a base camp for young men to learn skills. Many of the campgrounds, trails, and plantings you see are the work of the CCC.

The Scenic Area offers 26 miles of trail, featuring old-growth forests, Indian shell middens, the Devil’s Churn, tidepools and stunning views. Visitor Center staff and exhibits will guide you to the cultural and natural history of the area.

Cape Perpetua Visitor Center is open seven days a week most of the year, with reduced hours in the winter. Friendly and knowledgeable staff are available to answer questions and help plan your visit. Interpretive programs and guided walks are available in the summer or by prior arrangement.

Siuslaw National Forest
Cape Perpetua Scenic Area
Three miles south of Yachats on Highway 101
541-547-3289
www.fs.usda.gov/siuslaw
www.facebook.com/SiuslawNF
https://twitter.com/siuslawNF

For marine reserves information contact the Oregon Department of Fish and Wildlife (ODFW) at 541-867-4741 or http://oregonmarinereserves.com

USDA is an equal opportunity provider, employer and lender
Your day use fees help maintain the trail system. Thank you for leaving the flowers and tidepool animals for others to enjoy and for keeping your pet on a leash. Map not to scale; please see reverse side for mileage.