



Geographic Markets and Hospital Competition

Theory and Empirical Evidence

Gregory Vistnes
Charles River Associates
Washington, DC

FTC/DOJ Hearings on Health Care and
Competition Law Policy
March 26, 2003
Washington, DC

Overview

- What Is The Theory of Competition?
 - ◆ Market definition depends on the theory of competition
- What Is The Empirical Evidence On Markets And Competition?
 - ◆ Academic studies
 - ◆ Merger retrospectives

The Theory



Hospitals Compete In Two Stages

- Hospitals First Compete For Inclusion In *Managed Care Plans*' Networks
- Hospitals Next Compete For *Patients*
- The Two Stages of Competition Differ:
 - ◆ Different “customers”
 - ◆ Different means by which hospitals compete
 - ◆ Different antitrust markets
 - ◆ Different effects from a merger
 - ◆ Different evidence regarding market definition
- Reconciles Conflicting “Evidence” In Mergers

First Stage Market Definition

- *Health Plans Are The “Customer”*
- *Prices Constrained By Plans’ Ability To Divert Patients To Alternative Hospitals*
- *Geographic Market Definition:*
 - ◆ *Would a Plan divert enough patients to a hospital in a particular location to prevent a price increase?*
 - ◆ *Focuses on *hospital* locations, *not* patient locations*
 - ◆ *Considers price increases by “any or all” of hypothetical monopolist’s hospitals*

What Do Plans Want?

- Plans Want A Marketable Health Plan
- Hospital Networks Are A Critical Part Of What Plans Sell
- Marketable Hospital Networks:
 - ◆ Are not too expensive
 - ◆ Include hospitals that enrollees want
 - ◆ Specialty hospitals (tertiary, childrens, etc.)
 - ◆ “Local” hospitals
 - ◆ Hospitals (and physicians) with good reputations
 - ◆ Include the hospitals used by the Plan’s physicians
 - ◆ Don’t have complex or confusing access rules

Price Increases Create A Trade-Off

- Plans Must Choose Between Higher Premiums Or A Less Attractive Product
 - ◆ How will choice affect enrollment?
 - ◆ How will choice affect profits?
- Hospital Price Increases May Have A Limited Impact On Premiums
 - ◆ A 10% hospital price increase may increase premiums by less than 0.5%
- Changes In Plan Design May Leave The Plan Less Attractive

Patient Diversion Strategies

■ Possible Diversion Strategies:

- ◆ Dropping a hospital from the network
- ◆ Adding hospitals to network to “dilute” patient base
- ◆ Creating incentives for patients to switch hospitals
- ◆ Creating incentives for physicians to admit elsewhere
- ◆ Changing the physician panel

■ Diversion Can Be Absolute or Partial

■ Strategies Differ In Effectiveness, Financial Cost and Enrollee Acceptance

Diversion Strategies Can Be Costly

■ Financial “Carrots” May Be Counter-Productive

- ◆ Incentive payments offset benefits of avoiding higher priced hospitals
- ◆ Can incentives be targeted to “marginal patients”?
- ◆ Discriminating between enrollees may be unpopular

■ Financial “Sticks” May Reduce Enrollment

- ◆ Penalties for using particular hospitals may create enrollee resentment

■ Are Alternative Hospitals Any Cheaper?

- ◆ Diversion to high quality, prestige hospitals may be achievable, but result in even higher costs

Diversion Can Be Unpopular

- **Diversion Strategies Can Alienate Enrollees**
 - ◆ Impact on patient/physician relationship?
 - ◆ Impact on physicians' willingness to remain in network?
- **Diversion Strategies Can Be Confusing**
 - ◆ Complicated benefit design causes enrollee confusion and unhappiness
- **Discriminatory Diversion Strategies May Be Unacceptable**

Second Stage Patient Competition

- Extent of Competition Depends On Hospitals' Network Status
- No Price Compete For Patients
- Non-Price Competition Includes:
 - ◆ Physician and hospital staff
 - ◆ Services
 - ◆ Perceived Quality & Community Image
 - ◆ Physical appearance
 - ◆ Marketing and advertising
 - ◆ Outreach clinics
- Non-Price Competition May Be Of Limited Importance To First-Stage Competition

Second Stage Competition

- Targeted Geographic Competition Is Possible:
 - ◆ Physician recruiting and clinic openings
 - ◆ Advertising
- Discharge Data May Be Relevant To Competition By Identifying:
 - ◆ Historical Patient Bases
 - ◆ Opportunities For Attracting New Patients
 - ◆ Principal Rivals
 - ◆ Impact of Past Marketing Strategies

Comparing The Two Stages

- Different Customers With Different Objectives
- Competition Differs Between The Two Stages
 - ◆ Prices generally irrelevant for patient competition
 - ◆ Patients and Plans view non-price factors differently
- The Relevant Evidence May Differ
 - ◆ Evidence of competition at one stage may not imply competition at the other stage
 - ◆ Discharge data may be relevant mainly for patient-level competition

Implications of Two Stage Analysis

■ Geographic Markets May Differ

- ◆ First-stage markets may be much smaller than second-stage markets

■ Merger Effects May Differ

- ◆ Harm at either stage is harm to competition

■ Helps Reconcile Contrasting Arguments & Evidence In Merger Cases?

- ◆ Agencies focusing on first-stage competition and arguing narrow markets?
- ◆ Hospitals focusing on second-stage competition where markets may be broader?

The Empirical Evidence



Empirical Research

■ Recent Empirical Work Includes:

- ◆ Town and Vistnes (*Journal of Health Economics*, 2001)
- ◆ Capps, et al. (*working papers*)
- ◆ Gaynor and Vogt (*working paper*)

■ Studies Suggest Limited Competition

- ◆ Focus on evaluating first-stage competition
- ◆ Studies include data from urban areas
- ◆ Suggest merger effects despite seemingly unconcentrated markets

■ Studies Suggests Narrow Geographic Markets

- ◆ Suggests caution using discharge data to define markets

Town & Vistnes: The Approach

- Examined Actual Contract Data
 - ◆ 1990 - 1993
 - ◆ Two of the Largest Plans in the Los Angeles Area
- Estimated Relationship Between Prices And Hospitals' Bargaining Strength
 - ◆ Estimated patients' valuation of individual hospitals
 - ◆ Used patients' estimated valuation to calculate Plans' value of alternative hospital networks
 - ◆ Used this information to estimate each hospital's bargaining strength

Town & Vistnes: Empirical Results

- Price Depends On A Hospital's Incremental Value To The Plan's Network
- Hospitals Often Face Limited Competition Despite Many "Nearby" Hospitals
 - ◆ Mergers of "next best alternatives" frequently leads to a predicted price exceeding 5%
- Limited Competition Inconsistent With Traditional Market Definition Boundaries
 - ◆ Next best substitutes: typically 10 - 20 km away
 - ◆ Markets based on discharge data would be unconcentrated and substantially larger

FTC's Merger Retrospective

- Well Worth The FTC's Time And Resources
- Offers Significant Opportunities To Learn
 - ◆ Are the Agencies' concerns legitimate?
 - ◆ Which "patient diversion strategies" are used and how effective are they?
- Anecdotal Evidence: Several Mergers *Have* Led to Higher Prices
- If Post-Merger Price Effects Are Found:
 - ◆ Geographic markets are likely smaller than found by the courts
 - ◆ Offers the opportunity to dispel the assumptions underlying courts' past findings of broad markets