



Theater uniform policies revamped

Story by Staff Sgt.
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MNC-IPAO

Recent changes have been made to the Multi-National Forces – Iraq Memo 11-1, Annex R, MNF-I uniform wear, appearance, conduct and standards. These changes come into affect as of this month and apply to all MNF-I personnel, military and civilian.

The changes cover a variety of items such as new additions to the daily duty uniforms and items that are now restricted or prohibited unless certain criteria is met. The changes also delegate the authority to local commanders on wear of specific attachments on the individual body armor and improved outer tactical vest.

The first change to the standards adds the Army Aircrew Combat Uniform and the Fire Retardant Army Combat Uniform as duty uniforms. The paragraph explains how each uniform is to be worn. Mixing and matching uniform pieces is not permitted.

Servicemembers are also now authorized the wear of cravats, neckerchiefs or dust masks during combat operations and dust/sand storms. Such items will compliment the color and/or pattern of the uniform when worn.

Additionally, the tan T-shirt can now be worn with the physical fitness uniform.



This change does not affect Air Force personnel who may only wear the Air Force physical fitness T-shirt.

“I like the fact that we can now wear the tan T-shirt in PTs because I have a lot more of them and you can’t buy the Army PT shirt from

ADO(Army Direct Ordering),” said Spc. Samantha Bottoms, intelligence analyst, Multi-National Corps – Iraq.

Another change restricts the wear of event recognition T-shirts to the date and

Mother, son share the burden of deployment



Staff Sgt. Lisa Newman, noncommissioned officer in charge of Army Reserve Affairs, and here son Spc. Daniel Jarose, a radio operator with 1st Battalion 24th Field Artillery Reg., embrace each other on Victory Base Complex.

**Story and photo by
Pfc. Eric J. Glassey**
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Serving in Iraq often means being separated from families, but one mother and son have each other close at hand.

Staff Sgt. Lisa Newman, the noncommissioned officer in charge of Army Reserves Affairs, and Spc. Daniel Jarose, a radio operator

with 1st Battalion 24th Field Artillery Regiment, are both serving on Victory Base Complex.

It is good to have family close during deployment, Jarose said. "I don't get many chances to see family, because I'm stationed away from my hometown."

"I think it's great to have family downrange," Newman said. "I get pictures of my grandson, Daniel's son, sooner. In the rear, I don't see him as much."

Since they're so far apart at home Jarose and Newman make the most of their time in Iraq.

"We have a barbecue once a week or once every two weeks," Newman said. "The hardest part is finding transportation to each other. We like to go off for an afternoon sometimes."

This is not the first time Staff Sgt. Newman has been in Iraq with a family member. During her first deployment, she and her husband were truck drivers in the same company. She didn't like it when both of them were outside the wire at the same time.

"It was nerve-racking," Newman said. "I was too worried when we went out on conveyers together."

This time around things are much better. Newman said she is not so worried about her son. "He is inside the wire. I get worried during incoming and I call if I hear it hit close."

Mother and son are a support system for each other here and for their families back home.

"She was sick with the stomach flu and I was able to call her fairly often," Jarose said.

"We have better communication with the rear," Newman said. "If something is wrong, we can keep each other and the family informed."

Military families have to deal with a lot of stressors during deployments and for those with more than one servicemember deployed at the same time, stressors are multiplied.

However, knowing your loved one has someone you trust alongside them can be a blessing.



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time of the event. Units must also authorize the wear of the specific event recognition T-shirt.

The next change is the addition of standards on the new Navy physical fitness uniform and suitable substitutes. This standard is as described in NAVADMIN 094/08.

Local commanders are now delegated the authority to decide if the deltoid auxiliary protection system, neck protector, throat protector and groin protector will be worn as part of the tactical uniform. The standard also adds the Army Combat Shirt as a part of the tactical uniform, to be worn as specified with the IBA/IOTV.

Servicemembers are now prohibited to wear watch caps and micro-fiber caps as standalone head gear. Exceptions to this prohibition in-

clude servicemembers serving at joint security stations, combat outposts, patrol bases, flight lines and secured entry control points.

The last change describes the wear of the ACS. The ACS was designed to be worn for operations outside the wire underneath the IBA/IOTV. The ACS will not be worn as a stand-alone garment or as daily wear and is not authorized inside of post exchanges, dining facilities and Moral, Welfare and Recreation centers.

“Adherence to the uniform standards, including the changes, is a matter of pride and discipline,” said Command Sgt. Maj. Marvin L. Hill, command sergeant major, MNF-I. “All leaders, particularly noncommissioned officers, will enforce these standards.”

Women's Equality Day

Women's Equality Day is celebrated by the nation Aug 26. On Women's Equality Day, we commemorate the adoption of the 19th Amendment to the Constitution and the strong leadership of extraordinary women who have made America a more perfect union by advancing women's suffrage. At the Seneca Falls Convention of 1848, a group of visionaries gathered to proclaim the ideas that “all men and women are created equal” and “endowed by their Creator with certain inalienable rights.” That gathering grew into a national movement that led to the ratification of the 19th Amendment, guaranteeing women the right to vote. This achievement reflects the vision and determination of the suffragists who stood for a freer society and changed our Nation's history. The 1920 passage of the 19th Amendment to the Constitution, granting women the right to vote, was a culmination of a massive, peaceful civil rights movement led by women. MNC-I will celebrate and recognize Women's Equality Day through a film series with following discussion featuring *Frida* and *The Color Purple* on the evenings of Aug 15 & 22 from 6:30 p.m. to 9 p.m.

Military Happenings



Raptor crews practice drive-through refueling

Air Force News Service- Now that the F-22 Raptor arrival ceremonies are over and the anticipation of the arrival has subsided, Airmen here are on an aggressive training schedule to prepare them for combat operations.

As part of that training, members of the 49th Aircraft Maintenance Squadron and 49th Logistics Readiness Squadron's fuels management flight recently began hot refuel or hot pit training on an F-22 here.

The training is an ongoing initiative to get Airmen familiar with how to refuel the F-22 while the engines are still running, thus decreasing refueling time by more than half.

Currently, Holloman instructors conduct hot refuel training twice weekly in what is referred to as 'one go one.' This means the pilot lands the aircraft after a flight, the jet gets refueled, the pilot takes off and lands, and the aircraft is fueled again, then parked.

During normal refueling operations, the pilot lands the aircraft and parks and the engines are given the chance to cool. The pilot then exits the aircraft and the refueling team is called.

Soldier wins gold, sets Olympic record

Army News Service - Spc. Glenn Eller won the Gold Medal in double trap shooting Tuesday, setting an Olympic record with a total score of 190.

Eller's teammate, Spc. Jeff Holguin, finished fourth. Both Soldiers are members of the U.S. Army Marksmanship Unit based at Fort Benning, Ga.

Eller went into the final round leading by four shots and hit 45 out of 50 targets, to win the first shooting Gold for Team USA in Beijing.

Bataan Chaplain Keeps Sailors Healthy

Navy News Service - The command chaplain aboard the multipurpose amphibious assault ship USS Bataan, began an aerobics and yoga program July 21 to help Sailors stay in shape and reduce stress.

Cmdr. Brenda F. Bradleydavila, Bataan chaplain, began the classes with a focus on Sailors' mental and physical readiness.

Along with the aerobics session, Bradleydavila started a yoga session conducted by Lt. Cmdr. Mike E. Johnston, Bataan's helicopter direction control officer, to help Sailors relax after their daily duties.

101 Critical Days of Summer promotes safety

Marine Corps News Service - In the month of July, 15 Marines lost their lives due to off-duty mishaps.

Motor vehicle accidents were the leading cause of death during these incidents, accounting for 11 of the fatalities.

The summer months are recognized for being the most critical when it comes to safety due to the various summer activities that take place.

To encourage safety during the summer, the Marine Corps launched its "101 Critical Days of Summer" safety initiative in 2008.

The program focuses on the 15-week period between Memorial Day and Labor Day, when most fatalities take place.

Alcohol consumption paired with a number of off-duty recreational activities often turns into a bad situation.

Safety is paramount to the mission readiness of a squadron or unit. Marines and Sailors should use appropriate judgment when boating, 4-wheeling, swimming, or any other physical activity.